



SAFE OPERATING PROCEDURE

Extreme Stream

- 2 Activity Supervisor over 16 years old, per 12 participants
- Covered shoes must be worn, shoes will get wet
- There must be a competent supervisor who is leading the activity
- If participants are climbing waterfall, use rope provided and correct spotting technique, take care all the time as ground is uneven and slippery
- The supervisors must be familiar with the stream and take a cell phone
- Someone at camp must know start times and estimated time of return
- Other supervisors must be spread throughout the group to maintain motivation and control
- All participants must have appropriate gear including footwear, first aid, and clothing
- Keep to the stream. If you can't see the stream, you've gone too far
- Once you reach the fork in the stream head left towards wooden bridge, once on the path walk left towards camp, stay to track and don't deviate
- Helmets to be worn at all times
- Do a head count before and after Extreme Stream

All damage and injuries must be reported to CYC Staff as soon as practicable

Failure to follow these instructions could result in injury.

CYC reserve the right to close this activity if these instructions are not followed.

To contact CYC Staff go to the office

